



## Letter of Commitment

As a citizen of Montgomery, AL I support the efforts to protect every worker in the city of Montgomery from the dangers of secondhand smoke. I am concerned about the effects of exposure to secondhand smoke because:

- Secondhand smoke is the third leading cause of preventable death in the country, and has been proven to cause cancer, heart disease, stroke, emphysema and asthma.
- More than 8,500 Alabamians die each year from smoking-related illnesses.
- The Surgeon General has stated there is no safe level of exposure to secondhand smoke.
- Everyone has the right to breathe smokefree air.
- Smokefree policies are the only effective way to eliminate exposure to secondhand smoke.
- All Montgomery residents and workers deserve to breathe smokefree air in public places and workplaces including bars and restaurants.
- Each year Alabama spends approximately \$1.49 billion on healthcare cost directly caused by smoking.
- 21 Alabama municipalities have enacted and implemented comprehensive smokefree policies to protect their workers and residences.
- 30 states have enacted comprehensive statewide smokefree policies that eliminate exposure in all workplaces including bars and restaurants.

By signing below I support the efforts for 100% smokefree policies for Montgomery and the state of Alabama. Any place where people live, work, dine and shop should be free of secondhand smoke. This information will be utilized solely for tobacco prevention efforts and will not be sold or used for solicitation, however this information may be shared with elected officials.

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Name (print): \_\_\_\_\_

Organization: \_\_\_\_\_  
# of members

Email: \_\_\_\_\_

Phone: \_\_\_\_\_

Address: \_\_\_\_\_  
Street City State Zip

I will be willing to help with the following: (please check all that apply):

- ☐ Serve on the Montgomery Tobacco Free Task Force
- ☐ Write letters to the editor
- ☐ Invite family and friends to join in the efforts
- ☐ Volunteer with future smokefree Montgomery events
- ☐ Share my story

Like us on Facebook at Smokefree Montgomery!

Please fax to 866-910-6153, email to [jadalshaffer28@gmail.com](mailto:jadalshaffer28@gmail.com), or contact Jada Shaffer at 334-233-3674.