

Major: Kinesiology

Degree: Exercise Science (Health Professions Track)

YEAR ONE (Freshman)		
FALL SEMESTER		
Courses and Credit		Advising Tips
UNIV 1000	3	➤ Meet with your academic advisor to get your plan of study and discuss your success path. ➤ Navigate my.aum.edu and visit the Warhawk Academic Success Center for help with adjusting to AUM. ➤ Explore clubs and organizations  ➤ Meet with your academic advisor prior to registering for the next semester or before making any major changes to your plan of study. ➤ Take Placement Tests for Math and English if needed.
MATH 1120, 1150, 1100 or 1050	3	
COMM 1010	3	
ENGL 1010	3	
PHED 2203	3	
SPRING SEMESTER		
ENGL 1020	3	➤ Join at least one club or organization at AUM. ➤ Attend AUM fairs, workshops, activities and events. ➤ Begin developing your resume.
BIOL 1010/1011	3   1	
PSYC 1000	3	
FINE ARTS	3	
PHED 2010/2011	3   0	
YEAR TWO (Sophomore)		
FALL SEMESTER		
Courses and Credit		Advising Tips
HISTORY	3	➤ Explore internship opportunities. ➤ Volunteer in the community and on campus. ➤ Update your resume.
BIOL 2093	4	
PHED 4363	3	
PHED Activity Course	2	
SPRING SEMESTER		
ENGL LIT CORE	3	➤ Consider a leadership role in a club or organization on campus.
PHED Elective	3	
PSCI 1100/1101	3   1	
PHED Elective	3	
SUMMER SEMESTER		
PHED 4003/4004	3   1	
YEAR THREE (Junior)		
FALL SEMESTER		
Courses and Credit		Advising Tips
PHED 4043	3	➤ Begin a professional portfolio. ➤ Schedule mock interviews and job shadow opportunities. ➤ Update your resume and cover letter.
CHEM 1100/1101	3   1	
PHED 2250	3	
PHED 4230	3	
HIST or ENGL LIT CORE	3	
SPRING SEMESTER		
PHED 4044	3	➤ Ask professors for professional recommendations. ➤ Prepare and take standardized tests (MAT, GRE, etc.) ➤ Attend graduate school fairs and begin the application process.
PHED 4193	3	
PHED 4153	3	
PHED 4010	3	
*Option 1 – History Sequence and Area II Course   OR  Option 2 – Literature Sequence and Area IV Course		
SUMMER SEMESTER		
PHED 4270	3	
PHED 4310	3	
YEAR FOUR (Senior)		
FALL SEMESTER		
Courses and Credit		Advising Tips
Area II or IV Elective	3	➤ Continue developing interview skills and updating resume. ➤ Attend the Fall Career Fair. ➤ Apply for graduate school (if desired). ➤ Begin applying for jobs. ➤ Complete your APPLICATION FOR GRADUATION. ➤ Attend the Internship Seminar.
PHED 4383	3	
PHED 4800	3	
PHED Elective	3	
PHED Activity Course	2	
SPRING SEMESTER		
PHED 4922	9	➤ Collect recommendation letters from professors and/or advisors. ➤ Continue updating resume and professional portfolio. ➤ Attend Spring Career Fair. ➤ Continue applying for jobs.
PHED 4992	0	
PHED Elective	3	