

## Curriculum Vita

Brett A. Davis, Ph.D., ACSM EPC, FMS-L1  
 Associate Professor of Exercise Science  
 Auburn University at Montgomery  
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### I. EDUCATION & EXPERIENCE

#### **Ph.D. (Major: Human Performance) May 2018**

Middle Tennessee State University, Murfreesboro, TN

Dissertation: Maintenance of Health and Distance Running Performance Through Hydration Knowledge and Practices

#### **Master of Science (Major: Exercise Science) August 2012**

University of North Alabama, Florence, AL

Thesis: Effects of 75% versus 150% Fluid Replacement on USG and 10-km Running Performance

#### **Bachelor of Science (Major: Exercise Science) May 2011**

University of North Alabama, Florence, AL

*Magna Cum Laude*

#### **Assistant Professor (2019-Present)**

Department of Kinesiology

Auburn University at Montgomery

#### **Assistant Professor (2016-2019)**

Exercise Science Program

Kentucky Wesleyan College

### II. SCHOLARLY & CREATIVE PRODUCTIVITY

#### **Refereed Publications**

1. **Davis, BA**, Lane, JM. Metropolitan and Nonmetropolitan Health Deserts in the Southeastern United States: Socioeconomic Impacts and Diverging Results. *Southeastern Geographer*. 2025, Accepted & awaiting publication
2. Dean TM, Knight SN, Robinson MJ, Bowling LR, Russell AR, O'Neal EK, **Davis BA**. 24-h Hydration Profile of Collegiate Soccer Players Training Once Versus Twice per Day in the Heat. *Physiology & Behavior*. 2023, 114:273.  
<https://drive.google.com/file/d/1TfZTgoGsT1YA2aAZStuWXiYDHnhoV8R3/view?usp=sharing>
3. **Davis BA**, Bowling LR, Dean TM, Knight SN, Robinson MA, Russell AR, O'Neal EK. Collegiate Soccer Players Consistently Underestimate Practice Sweat Losses Regardless of Practice Sweat Loss Volume. *Montenegrin Journal of Sports Science and Medicine*. 2022, 11(2): 65-70.  
<https://drive.google.com/file/d/1yHIaa-nuYDsZ9TfTMkBMWuhr7A20Dj7q/view?usp=sharing>

4. Waldman HS, Bryant AR, Knight SN, **Davis BA**, Robinson MR, Killen LK. Assessment of Metabolic Flexibility by Substrate Oxidation Responses and Blood Lactate in Women Expressing Varying Levels of Aerobic Fitness and Body Fat. *Journal of Strngth and Conditioning Research*. 2023, 37 (3), 581-588.  
<https://drive.google.com/file/d/1fS1O12Rgr0fyQqUJRDNRiJBgEzPVnv1I/view?usp=sharing>
5. Lane JM, **Davis BA**. Food, physical activity, and health deserts in Alabama: The spatial link between healthy eating, exercise, and socioeconomic factors. *Geo-Journal*. 2022, 87; 5229-5249.  
[https://drive.google.com/file/d/1V2Yte1SMKW7Cc5H1kAoT8RoU\\_PurRe1Z/view?usp=sharing](https://drive.google.com/file/d/1V2Yte1SMKW7Cc5H1kAoT8RoU_PurRe1Z/view?usp=sharing)
6. O'Neal EK, Boy TV, **Davis BA**, Pritchett KA, Pritchett RB, Nepocaty S, and Black K. Post-exercise sweat loss estimation accuracy of athletes and physically active adults: A review. *Sports*. 2020, 8(8): 113-118.  
[https://drive.google.com/file/d/1Vp\\_AAIlcssRi8QwcQFHMxHSLmxxGCJxB/view?usp=sharing](https://drive.google.com/file/d/1Vp_AAIlcssRi8QwcQFHMxHSLmxxGCJxB/view?usp=sharing)
7. **Davis BA**, O'Neal EK, Johnson SL, and Farley RS. Hot training conditions inhibit adequate ad libitum recovery fluid intake of runners. *International Journal of Exercise Science*. 2019, 12(6): 1322-1333.  
<https://drive.google.com/file/d/1iyK-ASpWI9Jgq79IwxGw3EHbpApTgldD/view?usp=sharing>
8. O'Neal EK, Johnson SL, **Davis BA**, Pribyslavsk V, and Stevenson-Wilcoxson MC. Urine specific gravity as a practical marker for identifying sub-optimal fluid intake of runners ~12-h post-exercise. *International Journal of Sports Nutrition and Exercise Metabolism*. 2019, 29(1): 32-38.  
<https://drive.google.com/file/d/18bbczFhR8NGTaFT-dX4o9pEdl20Fiat2/view?usp=sharing>
9. **Davis BA**, Thigpen LK, Hornsby JH, Coates TE, Green JM, and O'Neal EK. Hydration kinetics and 10-km outdoor running performance following 75% versus 150% between bout fluid replacement. *European Journal of Sport Sciences*. 2014, 14:703-710.  
[https://drive.google.com/file/d/12hgsymikRbuEejjUo4F4X-NLbMm\\_ENkV/view?usp=sharing](https://drive.google.com/file/d/12hgsymikRbuEejjUo4F4X-NLbMm_ENkV/view?usp=sharing)
10. O'Neal EK, Caufield CR, Lowe JB, Stevenson MC, **Davis BA**, and Thigpen LK. 24-h fluid kinetics and perceptions of sweat losses following a 1-h run in a temperate environment. *Nutrients*. 2014, 6:37-49.  
[https://drive.google.com/file/d/1ma33trFjWcFEfhbry9B9U\\_8S6UcbjQAN/view?usp=sharing](https://drive.google.com/file/d/1ma33trFjWcFEfhbry9B9U_8S6UcbjQAN/view?usp=sharing)
11. O'Neal EK, **Davis BA**, Thigpen LK, Caufield CR, McIntosh JR, Horton AD, Keating RL, and Hornsby JH. Runners greatly underestimate sweat losses before and after a 1-h summer run. *International Journal of Sports Nutrition and Exercise Metabolism*. 2012, 22:353-362.  
[https://drive.google.com/file/d/10gmCSQU79iwjs7mqs00RDQMyuN\\_mXNoO/view?usp=sharing](https://drive.google.com/file/d/10gmCSQU79iwjs7mqs00RDQMyuN_mXNoO/view?usp=sharing)

### Professional Presentations

1. Colvin HC, Russell AR, Davis BA. Effect of Sodium Bicarbonate on Middle Distance Running Time Trials. Alabama State Association for Health, Physical Education, Recreation and Dance Spring Conference; April 2024: Birmingham, AL.  
[https://drive.google.com/drive/folders/1IDhR274peukOo\\_C16C6NO-SjTAY\\_YuR3?usp=sharing](https://drive.google.com/drive/folders/1IDhR274peukOo_C16C6NO-SjTAY_YuR3?usp=sharing)
2. Colvin HC, Barnes MJ, Davis BA. The Impact of Sodium Bicarbonate on Exercise Endurance and Power. Alabama State Association for Health, Physical Education, Recreation and Dance Fall Conference; November 2024: Birmingham, AL.  
[https://drive.google.com/drive/folders/1IDhR274peukOo\\_C16C6NO-SjTAY\\_YuR3?usp=sharing](https://drive.google.com/drive/folders/1IDhR274peukOo_C16C6NO-SjTAY_YuR3?usp=sharing)

3. Davis BA. Bones, Joints & Balance Alabama State Association for Health, Physical Education, Recreation and Dance Fall Conference; November 2023: Birmingham, AL.  
[https://drive.google.com/drive/folders/1IDhR274peukOo\\_C16C6NO-SjTAY\\_YuR3?usp=sharing](https://drive.google.com/drive/folders/1IDhR274peukOo_C16C6NO-SjTAY_YuR3?usp=sharing)
4. **Davis BA**, Reilly ER, and Russell AR. Firefighter, Police Officer, Soldier...Am I fit enough? Improving tactical fitness among students pursuing careers with fitness standards. Alabama State Association for Health, Physical Education, Recreation and Dance Spring Conference; April 2023: Orange Beach, AL.  
[https://drive.google.com/drive/folders/1IDhR274peukOo\\_C16C6NO-SjTAY\\_YuR3?usp=sharing](https://drive.google.com/drive/folders/1IDhR274peukOo_C16C6NO-SjTAY_YuR3?usp=sharing)
5. Russell AR and **Davis BA**. Bingocize in Physical Education. Alabama State Association for Health, Physical Education, Recreation and Dance Fall Conference; November 2022: Birmingham, AL.  
[https://drive.google.com/drive/folders/1IDhR274peukOo\\_C16C6NO-SjTAY\\_YuR3?usp=sharing](https://drive.google.com/drive/folders/1IDhR274peukOo_C16C6NO-SjTAY_YuR3?usp=sharing)
6. Dean TM, Knight SK, Robinson MA, Russell AR, O'Neal EK, and **Davis BA**. 24-h hydration behaviors during once versus twice per day collegiate soccer practices in hot and humid conditions. Southeastern American College of Sports Medicine Regional Conference. February 2022: Greenville, SC. \*Faculty Mentor  
["24-H HYDRATION BEHAVIORS DURING ONCE VERSUS TWICE PER DAY COLLEGIATE S" by TM Dean, SN Knight et al. \(wku.edu\)](#)
7. Robinson MA, Dean TM, Knight SK, Russell AR, O'Neal EK, and **Davis BA**. Male collegiate soccer players underestimate sweat losses regardless of sweat loss volume. Southeastern American College of Sports Medicine. February 2022: Greenville, SC. \*Faculty Mentor  
["MALE COLLEGIATE SOCCER PLAYERS UNDERESTIMATE SWEAT LOSSES REGARDLESS O" by MA Robinson, TM Dean et al. \(wku.edu\)](#)
8. **Davis BA**, Russell AR, Boyd JM, and Crandall KJ. Bingocize: Preparing students for careers in aging care through service learning. Southeastern American College of Sports Medicine. February 2022: Greenville, SC.  
[https://drive.google.com/drive/folders/1IDhR274peukOo\\_C16C6NO-SjTAY\\_YuR3?usp=sharing](https://drive.google.com/drive/folders/1IDhR274peukOo_C16C6NO-SjTAY_YuR3?usp=sharing)
9. Alves VA, Knight SK, Dean T, Alghamdi, **Davis BA**, Killen LG, Waldman HS, and O'Neal EK. Pilot Study; Impact of 2.4-kg proximal external loading on 10-km run performance in recreationally competitive runners. Southeastern American College of Sports Medicine. February 2022: Greenville, SC.  
["PILOT STUDY: IMPACT OF 2.4-KG PROXIMAL EXTERNAL LOADING ON 10-KM RUN P" by VA Alves, SN Knight et al. \(wku.edu\)](#)
10. Knight SK, Dean T, Alghamdi, **Davis BA**, Killen LG, Waldman HS, and O'Neal EK. Pilot Study; Impact of 2.4-kg proximal external loading on 15-km run performance in collegiate cross country-runners. Southeastern American College of Sports Medicine Regional Conference. February 2022: Greenville, SC.  
["PILOT STUDY: IMPACT OF 2.4-KG PROXIMAL EXTERNAL LOADING ON 15-KM RUN P" by S Knight, T Dean et al. \(wku.edu\)](#)
11. JM, Lane & **Davis, BA**. Food, physical activity, and health deserts in Alabama. Southeastern Division of American Association of Geographers Regional Conference; November 2021: Florence, AL.

[https://drive.google.com/drive/folders/1IDhR274peukOo\\_C16C6NO-SjTAY\\_YuR3?usp=sharing](https://drive.google.com/drive/folders/1IDhR274peukOo_C16C6NO-SjTAY_YuR3?usp=sharing)

12. **Davis, BA** & Lane, JM. Health Deserts in Alabama. Alabama State Association for Health, Physical Education, Recreation and Dance Fall Conference; November 2021: Birmingham, AL.  
[https://drive.google.com/drive/folders/1IDhR274peukOo\\_C16C6NO-SjTAY\\_YuR3?usp=sharing](https://drive.google.com/drive/folders/1IDhR274peukOo_C16C6NO-SjTAY_YuR3?usp=sharing)
13. **Davis BA**. Bingocize®: An evidence-based health promotion program to improve the quality of life of Alabama certified nursing facility residents. AUM Department of Kinesiology Advisory Board Meeting ; November 2019: Montgomery, AL.  
[https://drive.google.com/drive/folders/1IDhR274peukOo\\_C16C6NO-SjTAY\\_YuR3?usp=sharing](https://drive.google.com/drive/folders/1IDhR274peukOo_C16C6NO-SjTAY_YuR3?usp=sharing)
14. **Davis BA**. Bingocize®: Using Bingo to Increase Physical Activity and Health Education Among Older Adults. Alabama State Association for Health, Physical Education, Recreation and Dance Fall Conference; November 2019: Birmingham, AL.  
[https://drive.google.com/drive/folders/1IDhR274peukOo\\_C16C6NO-SjTAY\\_YuR3?usp=sharing](https://drive.google.com/drive/folders/1IDhR274peukOo_C16C6NO-SjTAY_YuR3?usp=sharing)
15. **Davis BA**, O'Neal EK, Farley RS, Coons JM, Fuller DK, Caputo JL. Recreational Runners Lack Hydration Knowledge and Place Little Importance On Fluid Replacement Guidelines. Southeastern American College of Sports Medicine Regional Conference; February 2019: Greenville, SC.  
[https://drive.google.com/drive/folders/1IDhR274peukOo\\_C16C6NO-SjTAY\\_YuR3?usp=sharing](https://drive.google.com/drive/folders/1IDhR274peukOo_C16C6NO-SjTAY_YuR3?usp=sharing)
16. **Davis BA**. Hydration Knowledge Level and Incidence of Heat-Related Injuries Among Recreation Runners. Alabama State Association for Health, Physical Education, Recreation and Dance Fall Conference; November 2018: Birmingham, AL.  
[https://drive.google.com/drive/folders/1IDhR274peukOo\\_C16C6NO-SjTAY\\_YuR3?usp=sharing](https://drive.google.com/drive/folders/1IDhR274peukOo_C16C6NO-SjTAY_YuR3?usp=sharing)
17. O'Neal EK, **Davis BA**. Considerations for Using Spot USG to Detect Inadequate Between Running Bout Fluid Intake Volume. National American College of Sports Medicine Conference; May 2017: Denver, CO.
18. **Davis BA**, O'Neal EK, Johnson SL, Pribyslavska, Farley RS. Ad Libitum Fluid Replacement Threshold Evidenced in Runners at 12-H Post-Run in Hot Environment. National American College of Sports Medicine Conference; May 2016: Boston, MA.
19. Pribyslavska V, **Davis BA**, Coons JM. Comparisons of Volume between Agonist-Antagonist Paired Sets and Traditional Sets. National American College of Sports Medicine Conference; May 2016: Boston, MA.
20. Reece JD, Barry VW, Killen LG, **Davis BA**, Fuller DK, Caputo JL. Validation of the SenseWear™ armband as a measure of sedentary and light activity office behavior. National American College of Sports Medicine Conference, May 2014: Orlando, FL.
21. **Davis BA**, O'Neal EK, Johnson SL, Korak JA, Pribyslavska V, Farley RS. Ad libitum fluid intake threshold inhibits effective rehydration at 12-h post-run in hot environment. Southeastern American College of Sports Medicine Regional Conference; February 2016: Greenville, SC.

22. Lowe JB, O'Neal EK, Stevenson MC, Greenhill LK, **Davis BA**, Holmes RL, Sellers LA, Green JM, Coates TE. ¼ mile pack test predicts wildland firefighter candidates' 3-mile pack test success. American Industrial Hygiene Conference and Exposition; May 2013: Montreal, Canada.
23. **Davis BA**, Thigpen LK, Hornsby JH, Stevenson MC, PL Riethmaier, Green JM, O'Neal EK. Effects of 75 Versus 150% Fluid Replacement on Subsequent Morning Hydration Status and 10-km Running Performance. National American College of Sports Medicine National Conference; May 2013: Indianapolis, IN.
24. Caufield CR, Lowe JB, Stevenson MC, Cook MK, Thigpen LK, Greenhill LK, Berryman HL, **Davis BA**, Horton AD, O'Neal EK. Perceived sweat loss and 24-h fluid balance following a 1-h run in a temperate environment. National American College of Sports Medicine National Conference; May 2013: Indianapolis, IN.
25. **Davis BA**, Thigpen LK, Hornsby JH, Stevenson MC, Riethmaier PL, Green JM, O'Neal EK. Effects of 75 versus 150% fluid replacement on subsequent morning hydration status and 10-km running performance. Southeastern American College of Sports Medicine Regional Conference; February 2013: Greenville, SC.
26. Stevenson MC, Lowe JB, Berryman HL, **Davis BA**, Horton AD, O'Neal EK. Runners underestimate sweat losses in temperate environment run. Southeastern American College of Sports Medicine Regional Conference; February 2013: Greenville, SC.
27. O'Neal EK, **Davis BA**, Thigpen LK, Caufield CR, McIntosh JR, Horton AD, Keating RL, Hornsby JH, Green JM. Male and female runners underestimate sweat losses during 1-h summer run. National American College of Sports Medicine National Conference; May, 2012: San Francisco, CA.
28. **Davis BA\***, Horton AD, Hornsby JH, Green JM, **O'Neal EK**. Male runners demonstrate poor sweat loss estimation accuracy. Southeastern American College of Sports Medicine Regional Conference; February 2012: Jacksonville, FL. \*Nominated for SEACSM Graduate Student Research Award.

#### Non-refereed publications

- **Davis BA**, (2018) Writing specific goals helps with exercise. *Messenger Inquirer*. Retrieved 2/15/2018 from: [http://www.sports-media.org/index.php?option=com\\_content&task=view&id=48&Itemid=2](http://www.sports-media.org/index.php?option=com_content&task=view&id=48&Itemid=2)

#### Scholarly or Creative Activities

- Alabama State Association on Health, Physical Education, Recreation & Dance
  - Higher Education Chair (2021-2023)
  - Conference Session Planner & Reviewer (2021-2023)

#### Awards, Lectureships, or Prizes

- Auburn University at Montgomery, COE Outstanding New Faculty Award (2022)

**External and Internal Funding (awarded career total \$975474.28)**

- **Davis BA**, Russell AR. Funding for Graduate Students to Travel & Present at ACSM Regional Conference . *Auburn University at Montgomery, Graduate Student Research Advisory Committee* (\$920.00; 2022; Awarded)
- **Davis BA (PI)**, Bingocize®: An evidence-based health promotion program to improve the quality of life of Alabama certified nursing facility residents. *United States Department of Health and Human Services; Centers for Medicare and Medicaid Services, Civil Money Penalty Grant. (\$948,000; 2020: Awarded).*
- **Davis BA**, Utilization of iWorx HEK-Peak Pro System for Physiological Measurement During Exercise. *Kentucky Wesleyan College, High Impact Learning Practices Grant. (\$14,220; 2018: awarded).*
- **Davis BA**, Improving Student Knowledge of Sport-Related Fitness Testing Through Active Learning Practices. *Kentucky Wesleyan College, Active Learning Practices Grant. (\$2,000; 2017; awarded)*
- **Davis BA**. Using an Arm Ergometer for Implementation of Active Learning Practices in Advanced Exercise Physiology. *Kentucky Wesleyan College, Active Learning Practices Grant. (\$2,000; 2017: awarded)*
- **Davis, BA**. Utilizing the TMX-58 Treadmill to Educate Student's on Exercise Assessment and Prescription. *Kentucky Wesleyan College, High Impact Learning Practices Grant. (\$4,629.98; 2017: awarded)*
- **Davis BA**. Health Assessment Implementation within the Exercise Science Program. *Kentucky Wesleyan College, High Impact Learning Practices Grant. (\$3,704.30; 2016: awarded)*
- **Davis BA**. Ad Libitum Fluid Replacement Threshold Evidenced in Runners at 12-h Post-run in Hot Environment. *2016 GSSI-ACSM Young Investigator Grant. (\$3,500.00; 2016: not awarded)*

#### Thesis/Dissertation Service

- Tate Dean, 2022 (Committee Member)  
[The hydration status of collegiate male soccer players](#)  
Auburn University at Montgomery

### III. TEACHING

#### **Auburn University at Montgomery, Montgomery, AL (2019-Present)**

Assistant Professor, Department of Kinesiology, College of Education

- PHED 1823 Exercise & Weight Control
- PHED 2010 Foundations of Health & Physical Education
- PHED 2203 Wellness
- PHED 4003: Physiology of Exercise
- PHED 4004 Physiology of Exercise-Lab

- PHED 4153: Exercise Assessment and Prescription
- PHED 4193 Measurement & Evaluation in Exercise Science
- PHED 4922 Internship
- PHED 6003: Advanced Exercise Physiology
- PHED 6143: Advanced Exercise Assessment and Prescription
- PHED 7915 Advanced Practicum in Physical Education-Exercise Science
- PHED 7985 Non-thesis Project

### **Kentucky Wesleyan College, Owensboro, KY (2016-2019)**

Assistant Professor, Exercise Science Program, Social Sciences Division

- KWC 101 Freshman Seminar
- EXSC 101 Fitness & Wellness
- EXSC 217 Facilitating Behavior Change
- EXSC 301 Exercise Practicum
- EXSC 309 Physical Activity for Special Populations
- EXSC 323 Exercise Physiology
- EXSC 360 Exercise Assessment and Prescription
- EXSC 370 Nutrition for Health and Human Performance
- EXSC 403 Wellness Practicum
- EXSC 404 Advanced Exercise Physiology
- EXSC 430 Internship
- EXSC 440 Physical Activity Programming

### **Middle Tennessee State University, Murfreesboro, TN (2012-2016)**

Graduate Teaching Assistant, Department of Health and Human Performance,

- EXSC 3000 Intro to Exercise Science
- EXSC 3830 Exercise Physiology
- EXSC 3831 Exercise Physiology Lab
- EXSC 4000 Research in Exercise Science
- EXSC 4010 Applied Research in Exercise Science
- EXSC 4240 Exercise Prescription for Healthy Populations
- EXSC 4250 Professional Internship

## **IV. SERVICE**

### **University Service**

- WC-Director Search Committee, Committee Member (Fall 2020-Spring 2021)
- Administrator Evaluation Committee, Committee Member (Fall-Spring 2022)

### **College Service**

- COE Dean Search Committee, Committee Member (Fall 2021-Spring 2022)
- CAEP Standard 4, Committee Member (Fall 2019-Present)
  - Initial and Advanced Programs Fully Re-Accredited April 2021 – June 2028
- COE Research Day, Committee Member (Spring 2021)
- COE Scholarship Committee, Committee Member (Spring 2020)



### **Departmental Service**

- Human Performance Lab
  - Community Fitness Testing (BodPod, DXA, EKG, VO2 max, blood pressure)
  - Performance Testing for Athletics (BodPod, DXA, EKG, BIA, VO2 max, blood pressure, blood lactate)
    - AUM Athletics
    - Montgomery Academy
    - Pell City High School
    - Community and independent athletes
  - Fieldtrips for AUM Wellness Courses (PHED 2203)
  - Fieldtrips for Regional High Schools
    - Lowndes County High School
    - Pike Road High School
  - Demonstrations for Faulkner University Physical Therapy Students
  - Graduate Assistant Equipment Training
  - Prospective Student Tours and Demonstrations
  - Equipment Maintenance
- Human Performance Research Group (Student Org), Faculty Sponsor (2021-Present)
  - Student club/organization that involves undergraduate students in exercise science research
- Alternate Fitness Testing for PHED 2011 (2018-present)
  - Arrange alternate fitness assessments in cooperation with physicians for students with injuries or health limitations
- Grad Preview Night, Department Representative (Spring 2021 & Spring 2022)
- DOK Chair Search, Committee Member (Spring 2022)
- DOK Student Recruitment & Retention Committee, Committee Member (Spring 2021-Present)
- Exercise Science Program Assessment Committee, Committee Member (Fall 2019 - Present)
- AUM Virtual Grad Fair, Department Representative (Fall 2020)
- Alabama Connection Student Recruitment Event, Department Representative (Fall 2019)
- Member, Department of Kinesiology Advisory Board, Board Member (Fall 2019-Present)

### **Community Service**

- MGM Runs! (local non-profit org), Co-Chairman-Board of Directors (Jan 2021-Present)
- Women In Training, Couch-to-5k Training Program, Co-Coordinator, (October 2022)
- Served as Advisory Board Member on an ACL 2020 Empowering Communities to Reduce Falls and Falls Risk grant application, "*Empowering Rural Alabama Communities to Prevent Falls: Building the Sustainable 'STABLE Alabama' Initiative.*" [PI: Natalie Hohmann, Auburn University] (Spring 2020)

### **Service Performed 2018-2019**

- KWC, Committee Member, Admissions Committee (Fall 2017-Spring 2019)
- KWC, Committee Member, Online Education Committee (Fall 2017-Spring 2019)



- KWC, Committee Member, Academic Policies Committee (Fall 2016-Spring 2019)
- KWC, Committee Member, QEP Service Learning Sub-committee (Spring 2017-Spring 2019)
- KWC, Director, Exercise Science Program (Fall 2018-Spring 2019)
- KWC, Director, Human Performance Laboratory (Fall 2017-Spring 2019)
- KWC, Manager of the KWC Bingocize Grant sub-award (Fall 2017-Spring 2019)  
*\*KWC = Kentucky Wesleyan College*

## **V. ADDITIONAL EXPERIENCE**

### **Professional Association Memberships**

- Member Alabama State Associate of Health, Physical Education, Recreation & Dance (2018-Present)
- Member American College of Sports Medicine (2011-Present)

### **Certifications**

- American College of Sports Medicine, Certified Exercise Physiologist (May 2016 - Present)
- Functional Movement Systems, Level 1-Functional Movement Screening Certification (June 2018-Present)
- Certified Bingocize Instructor (July 2017-Present)
- Red Cross: CPR & AED Certification