

**Curriculum Vitae
Sheila Mehta**

Department of Psychology
Auburn University Montgomery
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EDUACTION

Ph.D., 1993, Psychology, The University of Connecticut
M.A., 1990, Psychology, The University of Connecticut
A.B., 1982, Religious Studies (*Magna cum laude*), Brown University
1981, The London School of Economics

LICENSURE

Licensed Psychologist, (1995 to present), State of Alabama; License number 798

POSITIONS

Professor (2020 to present)

Department of Psychology, Auburn University Montgomery.
Graduate faculty status. Teaching graduate and undergraduate courses in cultural psychology, psychology of gender; group psychotherapy, introduction to clinical psychology, personality, psychology of women, psychological assessment, abnormal psychology, research methods, behavioral analysis, educational psychology, and general introductory psychology. Research in social and cultural influences on mental health. Chair of AUM Grievance Committee (2016 to 2020). Chair of AUM Lectures Committee (2002 to 2010); Phi Kapp Phi steering committee; serving on several departmental, school, and university committees.

Director of Clinical Training (2018 to present)

Department of Psychology, Auburn University Montgomery. Overseeing master's students doing clinical practica in the community. Serving as the liaison person and providing group supervision.

Associate Professor (1998 - 2020)

Interim Director of Clinical Training (2011 - 2013)

Assistant Professor (1993 - 1998)

Department of Psychology, Auburn University Montgomery

Outpatient Therapist (part-time, 1991 - 1993)

East Alabama Mental Health Mental-Retardation Center

Pre-doctoral Clinical Intern (full-time, 1988-1989)

University of Alabama at Birmingham Medical Center
APA approved internship (2,250 hours)

Graduate Clinical Intern (part-time, 1987-1988)
United Social and Mental Health Services, Willimantic, CT

Graduate Teaching Assistant (1985-1986)
The University of Connecticut

Research Assistant (1984-1985)
Brown University
Center for Cognitive Science: Face and image recognition and memory
Department of Psychology: Visual attention and perception -- a developmental study of the problem of integrality; visual attention of schizophrenics

Outreach Caseworker (full-time, 1983-1984)
The Key Program, Inc.: Alternatives for Youth, North Providence, RI
A community-based treatment program serving court-involved and troubled adolescents (ages 13-21). Provided 24-hour, 7-day-per-week crisis intervention coverage; formulated assessments and developed treatment plans; advocated for clients' educational, vocational, and health needs; provided support and crisis intervention for clients' natural and foster families; planned and implemented group recreational programs (full-time).

HONORS

2017-2018 AUM College of Sciences Service Award
1999-2000 AUM School of Sciences Junior Faculty Award
1994 Semifinalist for the Jeffrey S. Tanaka Memorial Dissertation Award: American Psychological Association's Committee on Ethnic Minority Affairs
1991 Best Student Poster Presentation: Alabama Psychological Association
1987 Outstanding Student Research Award: Connecticut Psychological Association
1982 Graduated *Magna cum laude*: Brown University

GRANTS & FELLOWSHIPS

1993-1994 Research Grant-in-Aid Program, Auburn University Montgomery
1992-1993 Minority Fellowship Dissertation Grant, American Psychological Association
1986-1990 Minority Research Fellowship, American Psychological Association

University of Connecticut fellowships:

1993 Doctoral Dissertation Fellowship
1990-1991 University Fellowship
1986-1988 Pre-doctoral Fellowship
1985-1986 Special Graduate Fellowship

PUBLICATIONS

- LoBello, S.G., & Mehta, S. (2019). No evidence of seasonal variation in mild forms of depression. *Journal of Behavior Therapy and Experimental Psychiatry*, *62*, 72-79
- Traffanstedt, M.K., Mehta, S., & LoBello, S.G. (2016). Major Depression with Seasonal Variation: Is It a Valid Construct? *Clinical Psychological Science*, *1-10*.
- Hou, N., Ray, G. E., Mehta, S., & LoBello, S. G. (2015). Complementary and alternative medicine use among people with asthma and health-related quality of life. *Journal of Asthma*, *52*, 308-313. doi: 10.3109/02770903.2014.963867
- Andrews, S., Stefurak, T., & Mehta, S. (2011). Between a Rock and a Hard Place: The Relationship of Locus of Control and Religious Problem Solving with Attitudes towards Psychological Help-Seeking. *Mental Health, Religion & Culture*, *41*, 855-876.
- Stefurak, T., Taylor, C., Mehta, S. (2010). Gender Specific Models of Homosexual Prejudice: Religiosity, Authoritarianism, and Gender Roles. *Psychology of Religion & Spirituality*, *2*, 247-261.
- Paginelli, A., LoBello, S. G., Mehta, S., & Ray, G. E. (2004). The influence of age and alcohol-relevant laboratory values on physicians' diagnoses of alcoholism. *Journal of Applied Biobehavioral Research*, *9*, 109-121
- Preveaux, N., Ray, G. E., LoBello, S. G., & Mehta, S. (2004). Peer relationships among institutionalized juvenile boys. *Journal of Adolescent Research*, *19*, 284-302.
- Burton, B., Ray, G. E., & Mehta, S. (2003). Children's Evaluation of Peer Influence: The Role of Relationship Type and Social Situation. *Child Study Journal*, *33*, 235-255.
- Mehta, S. (2001). Review of Brief Neuropsychological Cognitive Examination. *Mental Measurements Yearbook*. The University of Nebraska Buros Institute of Mental Measurements.
- Mehta, S. (2001). Review of Sexual Adjustment Inventory. *Mental Measurements Yearbook*. The University of Nebraska Buros Institute of Mental Measurements.
- Mehta, S. (1998). Relationship between acculturation and mental health for Asian Indian immigrants in the United States. *Genetic, Social, and General Psychology Monographs*, *124*(1), 61-78.
- Mehta, S. (1998). Review of Measures of Affiliative Tendency and Sensitivity to Rejection Scales. *Mental Measurements Yearbook*, Vol. 13. The University of Nebraska Buros Institute of Mental Measurements.
- Mehta, S. (1998). Review of Creative Styles Inventory. *Mental Measurements Yearbook*, Vol.

13. The University of Nebraska Buros Institute of Mental Measurements.

- Mehta, S., & Ruby, E. (1997). Acceptance of international students: Host and sojourner characteristics. *International Journal of Group Tensions*, 27(2), 133-148.
- Mehta, S. (1997). Acceptance of foreigners: Ethnic and gender differences among Americans. *International Journal of Group Tensions*, 27(1), 59-75.
- Mehta, S., & Farina, A. (1997). Is being sick really better? Effect of the disease view of mental disorder on stigma. *Journal of Social and Clinical Psychology*, 16(4), 405-419.
- Mehta, S., Ruby, E., Letts, S. (1996). "They're all alike to me": Student acceptance of foreign students. New York, NY: Teachers College, Columbia University, Institute for Urban and Minority Education. (ERIC Document Reproduction Service No. ED 750 402)
- Mehta, S. (1993). Acculturation and mental health: Asian Indian immigrants in the United States. *Dissertation Abstracts International*, 54 (12), 6466B. (University Microfilms No. AAC 94-13141)
- Farina, A., Wheeler, D. S., & Mehta, S. (1991). The impact of an unpleasant and demeaning social interaction. *Journal of Social and Clinical Psychology*, 10, 351-371.
- Mehta, S. I., & Farina, A. (1988). Associative stigma: Perceptions of the difficulties of college-aged children of stigmatized fathers. *Journal of Social and Clinical Psychology*, 7, 192-202.

PRESENTATIONS AT ACADEMIC MEETINGS

- Vargas, V., Mehta, S., Sadowski, C. J., & LoBello, S. G. (2002, August). *Conscientiousness indicates optimal performance under stress*. Poster presented at the 14th Annual Convention of the American Psychological Association, New Orleans, LA.
- Johnson, J.J., Mehta, S., Zachar, P., & LoBello, S. (2001, June). Attitudes toward interracial couples: Gender and Ethnic Differences. Poster session presented at the 13th annual meeting of the American Psychological Society, Toronto, Ontario, Canada.
- Ray, G. E., Preveaux, N., LoBello, S. G., Mehta, S., & Cleary, D. (2000, April). *Peer relationship and social behaviors among institutionalized juvenile boys*. Paper presented at the biennial meeting of the Conference on Human Development, Memphis, TN.
- Mehta, S. (1999, August). Acculturation and well-being in Asian Indian immigrants: Gender differences. In J. Naidoo (Chair), Research on South Asian women – Stress, mental health, and adaption. Symposium conducted at the 107th annual meeting of the American Psychological Association, Boston, Massachusetts.

- Mehta, S., Ruby, E., & Merrell, B. (1997, May). *Acceptance of foreign students: Culture, race, and gender*. Poster session presented at the annual meeting of the American Psychological Society, Washington, DC.
- Mehta, S., Ruby, E., & Letts, S. (1996, August). *American Student acceptance of foreign students*. Invited paper presented at the annual meeting of the American Psychological Association, Toronto, Canada.
- Mehta, S. (1995, August). *Acculturation and mental health of international students*. Poster session presented at the annual meeting of the American Psychological Association, New York, NY.
- Mehta, S. (1994, August). *Acculturation and mental health: Asian Indian immigrants in America*. Invited paper presented at the MFP Dissertation Symposium of the annual meeting of the American Psychological Association, Los Angeles, CA.
- Mehta, S., & Farina, A. (1994, June). *Biculturalism may reduce acculturative stress: Asian Indian immigrants in America*. Poster session presented at the annual meeting of the American Psychological Society, Washington, DC.
- Sadowski, C. J., LoBello, S. G., Cogburn, H. E., Mehta, S., Tidwell, P. S., & Skowronski, C. M. (1994, June). *Need for cognition and unrealistic optimism about test performance*. Poster session presented at the annual meeting of the American Psychological Society, Washington, DC.
- Mehta, S. (1994, April). *Acculturation and well-being: Asian Indian immigrants in the United States*. Paper presented at the annual meeting of the Association for Asian American Studies, Ann Arbor, MI.
- Mehta, S. & Farina, A. (1994, March). *Acculturation and mental health of Asian Indian immigrants*. Paper presented at the annual meeting of the Southeastern Psychological Association., New Orleans, LA.
- Skowronski, C. M., LoBello, S. G., Sadowski, C. J., Cogburn, H. E., Mehta, S., & Tidwell, P. S., (1994, February). *Prevalence and impact of unrealistic optimism about test performance*. Poster session presented at the annual meeting of the Southeastern Conference on the Teaching of Psychology, Marietta, GA.
- Mehta, S. (June, 1991). *Destigmatizing mental "illness": Medical versus psychosocial models of mental disorder*. Poster session presentation at the annual meeting of the Alabama Psychological Association, Gulf Shores, AL.
- O'Toole, A.J., Millward, R. B., & Mehta, S. I. (July, 1985). *The role of holistic versus local encoding in the trait superiority effect*. Poster session presentation at NATO Workshop: Aspects of Face Processing, Aberdeen, Scotland.

PROFESSIONAL MEMBERSHIPS

American Psychological Association (Until about 2018)

American Psychological Society (Until about 2018)

Psi Chi (Until about 2018)

Phi Kappa Phi (Until about 2018)